

# PORTO

## **COURSE: TALKING WITH NO WORDS! THE ROLE OF THEATRE IN THE LEARNING PROCESS OF STUDENTS WITH SPECIAL NEEDS**

**Course Duration:** one week, from Monday to Saturday, 30 hours

**Number of Participants:** Min. 6 – Max. 12

**Course location:** GUIMARÃES and PORTO (Portugal)

**Trainer:** Theatre Company - SEIVA TRUPE



## **COURSE DESCRIPTION**

It is known that students with special needs deal with some difficulties that might result in the lack of social-emotional skills. Some conditions, disorders, and behavioral problems, affect the portion of the brain that helps children learn and understand social cues. It may be extremely hard for many students with special needs to learn and behave in a socially productive and calm manner. Another issue for children who physically appear different, act different, or are placed in special classrooms within even an inclusive school is often isolated from typical education peers. It is from our understanding that drama and all the theatre subjects can be a successful tool in the process of including and empowering these students. We believe that drama can be a fun activity that captures the attention of students that struggle with special needs. Theatre can help difficult transitions and explain changes that are always emotionally heavy on these students' daily routine

## **LEARNING OUTCOMES**

- Express and educate using drama in the classroom as a teaching method;
- Understand that theatre is direct and inclusive;
- Simple and effective communication;
- Applying drama in different learning styles with special needs students;
- Different intercultural experiences and approaches;
- The creative process of drama and applying it in different circumstances.



# PORTO

## COURSE: EQUALS AND PROUDLY DIFFERENT! TEACHING GENDER THROUGH ART AND THEATER

**Course Duration:** one week, from Monday to Saturday, 30 hours

**Number of Participants:** Min. 6 – Max. 12

**Course location:** GUIMARÃES and PORTO (Portugal)

**Trainer:** Theatre Company - SEIVA TRUPE



## PROGRAM

### Day 1 - Monday

- Welcome activity and diagnosis;
- Get to know me through theatre!;
- Drama tools as social inclusion tools;
- Individuality and boundaries;
- Drama as an analysis tool.

### Day 2 - Tuesday

- Energizers;
- Theatre and intercultural experiences;
- Drama tools and trauma;
- Practicing inclusion (concepts and adaptation);
- Drama games for special needs (mobility and understanding).

### Day 3 - Wednesday

- Ice breakers and shared testimonies;
- Special Needs Children's characteristics and profiles;
- Simple concerns and needs in conditions such as: Hyperactivity Disorder (ADHD), Autism, Down Syndrome, Dyslexia, Anxiety, Social and Emotional Problems and refugees;
- Technics for development of emotional, cognitive, and psychomotor skills.

### Day 4 - Thursday

- Body language and micro expression;
- When is educational screening needed?;
- Drama activities including special needs students and regular students;
- Role playing with group works.

### Day 5 - Friday

- Discovering Porto (outdoor STEAM competition)
- Evaluation of the week (reflection of the main viewpoints)
- Summary of key learning points
- Certificate ceremony

### Day 6 - Saturday

- Rabelo boat tour of the Douro river bridges
- Port wine tasting (oenology and Portuguese culture)
- Open discussion on possible future collaborations and planning follow up activities
- Constructive feedback of the week and the course
- Validation of learning outcomes

**Note:** The course programme may undergo minor changes based on logistical considerations and resource availability.